

ROOM RATES

SINGLE OCCUPANCY PER NIGHT

Standard	€	220
Comfort	€	275
Comfort lake view	€	290
De luxe lake view	€	426
Junior Suite lake view	€	665
Suite lake view	€	900

DOUBLE OCCUPANCY PER PERSON AND NIGHT

Comfort	€	187
Comfort lake view	€	196
De luxe lake view	€	299
Junior Suite lake view	€	415
Suite lake view	€	615
Additional bed (available for Comfort category and above)	€	150

Junior Suite and Suite have a lake view and a separate living room and bedroom.

Please note that a stay at the VIVAMAYR Maria Wörth is only possible under medical supervision and in combination with medical services. In order to ensure the best outcome for your stay in terms of health benefits, the following medical services are mandatory for all guests:

1 initial medical check-up	€	185
1 final medical check-up	€	185
Daily medical abdominal treatment (except Sunday)	€	80 (per day)
1 muscle function test according to Applied Kinesiology	€	185

Arrival from 3 pm, departure by 12 pm. Late check-out (until 5 pm) or early check-in available with 50% of the room rate.

Terms of payment

The total invoice has to be paid at check-out with credit card, EC card or cash.

Should you prefer to make a banktransfer the amount needs to be in our bank before your departure.

Cancellation policy

1 month before arrival:	40% + planned medical services
1 week before arrival:	70% + planned medical services
3 days before arrival:	90% + planned medical services
in case of early departure	100% + planned medical services

Inquiries & Bookings

office@vivamayr.com or +43 4273 31117

APARTMENT / VILLA OCCUPANCY PER NIGHT

Apartment ground floor lake view, dedicated jetty and parking space	€	1.600
Apartment first floor lake view	€	1.250

Villa 187 m ² lake view, dedicated jetty and parking space	€	2.750
---	---	-------

Surcharge for the 3rd and 4th person	€	300
--------------------------------------	---	-----

Apartment ground floor and Apartment first floor have a lake view, a separate living- and bedroom and a parking space.

Included services

- Customized nutrition plan based on Modern Mayr Medicine
- Mineral water and teas
- Daily support programme
- Slippers and spa tote
- High quality water bottle
- Free use of all wellness areas (in- and outdoor sauna, steam baths, swimming pool, gym, etc.)

We will supply you a bathrobe during your visit.

Not included: local tax (€ 2,60 per person/day), medical services & beauty treatments

PRICE LIST FOR MEDICAL TREATMENTS

TREATMENTS PROVIDED BY A PHYSICIAN

Initial medical check-up	30 min	€	185
	60 min	€	370
Final medical check-up	30 min	€	185
	60 min	€	370
Functional Myodiagnostic	30 min	€	185
Functional Myodiagnostic	60 min	€	370
Medical manual abdominal treatment	15 min	€	80
Manual diagnostics & therapy	30 min	€	185
Medical consultation	30 min	€	185
Heart rate variability measurement	24 hrs	€	295
VIVAMAYR stress test with medical consultation		€	230
Abdominal ultrasound		€	190
Vascular ultrasound		€	190
Thyroid ultrasound		€	95
Emotional detoxification	60 min	€	230
Sleep clinic		€	350
Nutritional consultation	50 min	€	190

MASSAGES

Massage	25 min	€	50
Massage	50 min	€	95
Shiatsu treatment	50 min	€	140
Craniosacral therapy	50 min	€	160
Osteopathy	50 min	€	160
Feldenkrais®	50 min	€	140
Manual mobilisation	50 min	€	140

HYDROTHERAPEUTIC TREATMENTS

Hydroxeur/ range of herbal baths	15 min	€	45
Vino Forming treatment	60 min	€	100
Junge Bath/Oil dispersion bath	20 min	€	65
Soft pack/Moor pack	20 min	€	49
Electrolysis footbath	20 min	€	49
Medical coloured light therapy	20 min	€	45
SalinAir inhalation booth	20 min	€	35
Nasal reflex zone therapy acc. to Röder	15 min	€	20
Softpack royal	45 min	€	85

Medical treatments / Cosmetic treatments:

Medical treatments are scheduled exclusively following a medical consultation and in concert with the guest. In order to cater for your individual requirements, your treatments from the following list will be prescribed on a one-on-one basis. Please note that we are unable to vouchsafe for the availability of particular physicians and therapists. You will be invoiced for appointments that were not cancelled by 4pm on the preceding day. This price list contains only an overview of our services and offers as our range is continuously being extended and reviewed.

Laboratory tests:

Allergy diagnostics, heavy metal analysis, genetic and other individual laboratory tests will be invoiced separately and at cost. Please note that external laboratory tests may incur mailing expenses.

MOVEMENT- AND TRAININGTHERAPIES

Individual training session	30 min	€	85
Individual training session	60 min	€	170
Training to build muscle on a vibration system	30 min	€	85
Underwater bicycle	30 min	€	85
Fitness test with breathing gas analysis	45 min	€	170
Body impedance analysis	30 min	€	75
Metabolic analysis with E-Scan	30 min	€	75
Creation of an individual training programme		€	55
Application of a meditatepe		€	35
EMS (electrical muscle stimulation)	30 min	€	85
Papimi - ions inductions therapy	15 min	€	70
Detensor	50 min	€	45
Yoga	50 min	€	140
Stand up paddeling - Individual	60 min	€	160
Stand up paddeling - Group to max. 4 Persons	90 min	€	60

MEDICAL THERAPIES

Colon hydrotherapy	60 min	€	170
Hyperthermia	90 min	€	90
Venesection therapy		€	50
Med. Lipo-Laser + training session	45 min + 30 min	€	235
Breath test - fructose/lactose		€	50
ECG at rest		€	90
Hypoxo training (IHHT)		€	105
Medical Laser treatment	15 min	€	35
Intravenous Laser treatment	30 min	€	60
Mouth Laser treatment	30 min	€	20

LABORATORY TESTS

Mineral nutrient analysis Phox+M	€	95
Free radicals (FRAS) + biolog. antioxidative potential (BAP)	€	95
Standard lab analysis, incl. hormonal status	€	445
Full blood count	€	145
Cardiovascular risk factors	€	140
Fatty acid analysis	€	115
Urine analysis (in-house)	€	6
Lodine in the urine	€	50

INFUSIONS

Infusions with a range of mineral nutrients and/or vitamin according to medical prescription	€	65/125
--	---	--------

PRICE LIST FOR COSMETIC TREATMENTS

VIVAMAYR FACIAL TREATMENTS

PHYTOMER - individual skin type treatment	60 min	€	92
	90 min	€	155
PHYTOMER - Anti-aging treatment	90 min	€	180
PHYTOMER - Men special	80 min	€	150
VITA - Laser & hyaluronic acid	60 min	€	210
Mikrodermabrasion (face)	60 min	€	119
Mikrodermabrasion and ultrasound	90 min	€	176
Mikrodermabrasion and acid peel	75 min	€	174
Hollywood TCA Peeling	60 min	€	240
Dermaplaning (face)	70 min	€	174
QMS - Deep cleansing treatment	60 min	€	121
QMS - Activator treatment	60 min	€	121
QMS - Collagen rejuvenation	90 min	€	172
QMS - pure oxygen treatment	90 min	€	176
Add-on to a facial treatment:			
QMS - lip zone repair	15 min	€	44
QMS - Eye reviver	15 min	€	44
QMS Oxygen Concentrator	30 min	€	66
Stand-alone treatment			
Ultrasound (face)	15 min	€	35
Mikrodermabrasion	15 min	€	45
QMS - lip zone repair	20 min	€	49
QMS - Eye reviver	20 min	€	49
QMS Oxygen Concentrator	30 min	€	66

VIVAMAYR BODY TREATMENTS

Sea salt peeling -			
Stand-alone treatment	45 min	€	59
in combination with an algae pack	30 min	€	42
Marin minceur/algae pack	60 min	€	108
Cellu activ treatment	60 min	€	114
Cellulite wrap	40 min	€	74
Hot Stone massage	60 min	€	108
Bust & decollete -			
As part of a treatment		€	44
Stand-alone treatment		€	60

VIVAMAYR STAND-ALONE & ADD-ON TREATMENTS

Eyelash tint		€	22
Eyebrow tint		€	17
Eyebrow shaping		€	12
Facial massage	30 min	€	49
Facial lymphatic drainage	30 min	€	51
Head massage	20 min	€	46
High-frequency face		€	17
Back cleansing	50 min	€	57
Depilation using hot wax -			
Arms		€	44
Whole leg		€	66
Up to the knee		€	42
Underarms		€	23
Upper lip		€	17
Upper lip and chin		€	23
Back		€	43

VIVAMAYR HAND & FOOT CARE

Pedicure Including peeling and massage	60 min	€	60
Manicure Including peeling and massage	50 min	€	50
Varnish		€	12
French nails		€	17
Shellac		€	44
Shellac removal		€	12

VIVAMAYR HAIR SALON

LADIES - Wash/cut/blow-dry		from	€	70
Wash/blow-dry		from	€	50
Keratin treatment	30 min	from	€	30
MEN - Wash/cut/blow-dry		from	€	38
Wash/blow-dry		from	€	25

VIVAMAYR

MARIA WÖRTH

SERVICES / PRICES